



Optimum Nutrition, Inc.

600 N. Commerce Street

Aurora, IL 60504

Phone: (708) 439-9600

Fax: (708) 439-9601



AMERICAN BODY BUILDING, LLC

1756 Industrial Road

Waukegan, IL 60085

Phone: (847) 931-1122

Fax: (847) 931-1123

1000 21 101-93-150  
**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA**

MAR 25 2004

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Nitric Boost** bearing the statement set out below:

**Optimum Nutrition  
600 N. Commerce Street  
Aurora, Illinois 60504**

The text of the structure-function claim for **Arginine alpha-Ketoglutarate** is as follows:

(Statement 1)

**Supports Nitric Oxide Synthesis**

I, Ryan Briggs, Director of Quality and Product Development at Optimum Nutrition am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that Optimum Nutrition has substantiation that the statement is truthful and not misleading.

Dated this 20<sup>th</sup> day of February, 20 04

97S 0162

LET

13841

  
**Ryan Briggs**  
Director of Quality & Product Development

Based on your body weight, take 1-3 servings daily (see chart below), or use as directed by your doctor or other qualified healthcare provider. For best results: take tablets at least 30-45 minutes before meals; drink at least eight glasses of water throughout the day; follow a sensible diet; and exercise 30-60 minutes most days.

Body Weight	TIMING		
	Before Breakfast	Before Lunch	Before Dinner
150 - 200 lbs	X	X	

X = 3 tablets

Consult with a licensed physician before use if you are being treated for any serious medical condition, including high blood pressure. Do not use if you are under 18 years of age, if pregnant or nursing, or if you have a history of cold sores.

UPC

04-047-755



# NITRIC BOOST

DIETARY SUPPLEMENT

180 Tablets

Supports Nitric Oxide Synthesis

## Supplement Facts

Serving Size 3 Tablets	
Servings Per Container 60	
Amount Per Serving	
Arginine alpha-Ketoglutarate (A-AKG)	3 g*
* Daily value not established.	

OTHER INGREDIENTS: Dicalcium Phosphate, Pharmaceutical Glaze, Microcrystalline Cellulose, Stearic Acid, Solutab, Magnesium Stearate, Silica.

KEEP OUT OF REACH OF CHILDREN  
STORE IN A COOL, DRY PLACE.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains the patented  
ON-100



ON-100 is a registered trademark of  
ON-100, Inc.